

Baxter

MEMORIAL LIBRARY

*Sponsored by the
Friends of the Library*



The Friends of BML Spring Book Sale

Friday, May 4th 9am-6pm

Saturday, May 5th 9am-1pm

Gorham Recreation Department

We have thousands of books for
all ages and interests!

All proceeds benefit the activities of the
Friends of Baxter Memorial Library

Blood Drive

Friday, May 4th 1pm-6pm

Shaw Gym

Please call 1-800-RED CROSS or visit redcrossblood.org



**Train Days coming in May!! Stay tuned for
more information!**

Book Club!

Thursday, April 5th

Anything is Possible

by Elizabeth Strout

Thursday, April 19th

Uncommon Type: Some Stories

by Tom Hanks

All discussions are held at 10am.

No registration is required.

All are welcome!

April Greetings from Baxter Memorial Library



**Kate Flora Author Event
Wednesday, April 11th
7:00pm**

Kate Flora is the author of 14
mystery and true crime books
including *Finding Amy*, a 2007
Edgar nominee co-written with
a Portland, Maine deputy
police chief. Her other titles
include the Thea Kozak
mysteries and the starred-
review Joe Burgess police series, the third of which,
Redemption, won the 2013 Maine Literary Award for
Crime Fiction.



A former assistant attorney general for the state of
Maine, Kate is a founding member of the New England
Crime Bake Conference. She has served as editor and
publisher of *Level Best Books* and as international

Day of Mindfulness

Thursday, April 19th 10am-12pm

Let's explore what it means to be
mindful together. Join us for a craft,
mindfulness walk, and other fun
centering activities. This is an all ages
event.

In children specifically, mindfulness has been found to:

- mitigate the effects of **bullying**
- enhance **focus** in children with ADHD
- reduce **attention problems**
- improve **mental health** and well-being
- improve **social skills** when well taught and
practiced in children and adolescents.



*****Reminder*****

Hospice 101 has been rescheduled for April 17th at 3:00pm.
Please visit our website at www.baxterlibrary.org for full
program information.

Healthy Citizen Science: Tuesday, April 17th 10-11am

Learn about the importance of physical activity, healthy eating, and sleep. We'll have fun hands-on activities to learn about being healthy using exciting science tools, games, art, physical activity, and books. Activities include: Resting heart rate vs. exercising heart rate, True-to-Life Human X-Rays, Yoga Cards, Healthy Helping Game, Models That Teach, a microscope with slides, a guided meditation, and more. These activities are geared to an audience aged 4-12 years old.



Chewonki presents Owls of Maine: Wednesday, April 18th 10-11am

Chewonki is bringing live, non-releasable Barred, Great Horned, and Screech or Saw-Whet Owls to Baxter Memorial Library. This interactive program begins with slides and sounds to learn the different appearances and calls of each owl. Then, using talons, wings, and skulls, we explore the adaptations of these silent nocturnal hunters. The Owls of Maine program provides the opportunity to handle these unique specimens and is sure to engage participants of all ages.


Day of Mindfulness: Thursday, April 19th 10am-12pm

See info box on the front page.

Apples to Apples Afternoon: Friday, April 20th 1-3pm

We will be playing Apples to Apples and Apples to Apples Jr. at the library. Ms. Heidi says she is the champion and nobody can beat her at Apples to Apples. Visit the library to challenge her to a game!



Mon	Tue	Wed	Thu	Fri	Sat
2 	3 9:30am Preschool Story Time	4 10am Toddler Time 3:30pm 4-H Climate Club	5 9:30am Baby & Me 10am Toddler Time 10am Book Club 2:30pm Sewing Club 6:30pm Trustees Meeting	6 10am Sensory-Friendly Story Time	7
9	10 9:30am Preschool Story Time	11 10am Toddler Time 3:30pm 4-H Climate Club 7pm Kate Flora Author Event	12 9:30am Baby & Me 10am Toddler Time 2:30pm Sewing Club 6:45pm Friends of BML Meeting	13	14 10am Lego Club
16 CLOSED FOR PATRIOTS' DAY	17 10am Healthy Citizen Science 3pm Hospice 101	18 10am Chewonki presents Owls of Maine	19 10am Day of Mindfulness 10am Book Club	20 1pm Apples to Apples Afternoon	21 10am Family Game Time
23	24 9:30am Preschool Story Time	25 CLOSED FOR STAFF TRAINING	26 9:30am Baby & Me 10am Toddler Time 2:30pm Sewing Club	27	28
30				